

RIVER CITY
4TH FEST 5K
Lions Club of Waterford

- WHEN:** Saturday, July 4, 2009 – **5K Race and Walk** starts at 8:00 a.m.
- COURSE:** Certified course, which is flat and fast. Race starts and ends at Whitford Park.
- AWARDS:** Special award to overall male and female winners and to the first male and female master winners. Laser engraved plaques to 2-5 in overall male and female divisions. The same plaques for 1-5 in each age division, male and female.
- REFRESHMENTS:** Misc. beverages will be available along with fruit and a variety of snacks.
- REGISTRATION:** Preregistered entry fee of \$16.00 is due **July 2nd**. Day of race registration is \$20.00. All entries will receive a Duck Pin which will enter you in the annual Waterford Duck race later in the day. You need not be present to win a prize. Day of race registration will open at 6:45 a.m. and close at 7:45 a.m.
- ACTIVITIES:** The Waterford parade will start at 11:00 AM and follow along the 5K course.
- T-SHIRTS:** All pre-registered runners are guaranteed a T-shirt. The first 100 registered on race day will receive a T-shirt. Sizes are not guaranteed.
- INFORMATION:** Call Jim McFadden at (262) 514-2925
- AGE GROUPS:** 14 & UNDER, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.
- RESULTS:** Results will be available on www.wisconsinrunner.com.

COURSE RECORDS: Open Division Dan Held 14:48 Paula Stokman 17:18
Master Division Dan Held 15:39 Cory McFadden 17:48

RIVER CITY 4th FEST 5K ENTRY FORM (Detach and Mail)

(Please print)

Name _____ **Phone** _____

Address _____

City _____ **State** _____ **Zip** _____

Age _____ **Sex** _____ **T-shirt size:** **Sm.** **Med.** **Lg.** **XL** **XXL**

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Racine Sheriffs Dept., The Waterford Police Dept., The Town of Waterford, The Waterford Lions Club and the River City 4th Fest 5K organizers and all other sponsors and their representatives, successors, and assign for any and all injuries suffered by me in said event. I attest and verify that I will participate in the event as a foot race entrant, which I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Runners Signature _____ **Date** _____

(Parents must sign if under 18)

Return to Jon Morelli - 4825 Ruby Ave. Racine, WI 53402-2568

Make checks payable to: Cory McFadden **Entry Fees: \$16.00 (advance)** **\$20.00 (race day)**